

SCAMPER CAMP

Rambler V) Camp

2023 SUMMER CAMP WELCOME PACKAGE

WELCOME TO CAMP!

We're so excited to spend the week with you at Comox Lake this summer! Please read through the following information carefully, especially the *Essential Camp Information* and *What To Bring* sections. Arriving prepared will help us all have a fantastic week together.

WELCOME GUIDE CONTENTS

Welcome to Camp!	1
Your Camp Leaders	3
Essential Camp Information	4
What to Bring	5
Please arrive each morning with	5
Optional items	5
Please don't bring	5
Location	6



Dear Camper,

We're so happy you've signed up for one of Lake Park Societies' 2023 summer camps!

Lake Park Society is a not-for-profit community organization that has been serving Cumberland and the Comox Valley since 2015 with the aim of "creating wonder and connection through outdoor experiences" as an "inclusive community hub for outdoor education and adventure. " Our society operates the Cumberland Lake Park Campground and offers a wide variety of programs, not just summer camps. You can learn more about Lake Park Society by visiting us at <u>www.cumberlandlakepark.ca</u>.

Lake Park Society gratefully acknowledges that our camps occur on the unceded traditional territory of the Pentlatch, Eieksan, Sasitla and Sathloot peoples of the K'omox First Nation. We endeavour to be good guests, caring for this land and people in everything we do.

We are so excited to have an amazing team of summer camp staff with us this year. You can find out who they are, as well as learn lots of other useful information, by reading this welcome package. We hope it will help you arrive prepared for a great week. If you have any questions or concerns, please contact the campground by calling (250) 702-8833 or emailing our Executive Director, Genevieve Burdett, at executivedirector@clws.ca.

Thanks for sharing your precious summer days with us. We look forward to seeing you soon!

Stuart Higgs Director of Education and Events, Lake Park Society

YOUR CAMP LEADERS



CARSYN



EMMA



MEIKA



CHLOE



JULIA

ESSENTIAL CAMP INFORMATION

- If you have an urgent need to reach your camper during camp, first try calling the **Campground Office at (250) 702-8833.** If there is no answer, then try calling your **camp leaders directly at (250) 702-8083**.
- Camp starts at 9:30 am each morning. Unfortunately, we cannot welcome campers prior to 9:30 as we need to prepare for our day of fun!
- Camp **ends at 4:00 pm** each afternoon. Please ensure someone is available to collect your camper promptly at 4:00 pm. Your camp leaders always have some clean-up to do at the end of the day.
- Drop off and pick up is at the **Gathering Place**, the grassy field across the parking lot from the **Cumberland Lake Park Campground Office**, at 1100 Comox Lake Rd, Cumberland. Look for the 6 ft tall green flag and stretch tent.
- Campers must **sign-in** and **sign-out** each day. Please speak with your camp leader at the start and end of the day.
- All campers must complete an **informed consent form** and **provide emergency contact information** during registration. If you did not do this during online registration, please be prepared to complete a paper copy on the first day.
- Please complete the **guest details questionnaire.** A link is available through your online registration. A paper copy will be provided on the first day of camp if you have not completed it.
- If you have any concerns about mobility, behaviour, or the comfort of your camper during our programs, please contact the campground office at (250) 702-8833 or info@clws.ca
- Please pack all of the items listed under **What To Bring**. Campers who arrive inadequately prepared may be refused participation by camp leaders.

WHAT TO BRING

PLEASE ARRIVE EACH MORNING WITH ...

- □ A comfortable and appropriately-sized **backpack**.
- □ Comfortable, **closed-toe shoes** that you can hike, run, climb and get wet in.
- □ **Clothes that can get adventurous**. We are planning to tye-dye and paint, crawl in the forest, swim in the lake, climb through bushes and get messy.
- □ A complete **change of clothes**, packed in a waterproof (ziplock bag).
- □ A swimsuit and beach towel.
- □ An emergency **warm layer** (sweater or fleece). Yes, even though it's summer.
- □ A **rain jacket.** It might happen.
- □ A full, **750+ mL water bottle.** We can refill water bottles at lunch on most days.
- □ A picnic **lunch** every day. Lunch is not provided and we may eat at different locations in the forest, away from the main campground.
- □ Enough **snacks** for two stops. We stop to eat at around 10:30 & 2:00 each day.
- □ Sunscreen, sunglasses and a hat with a brim. We are expecting some hot and sunny days and want to stay sun safe!
- □ Any **medication** or other personal items. Medication must include written instructions and can only be self-administered.

OPTIONAL ITEMS ...

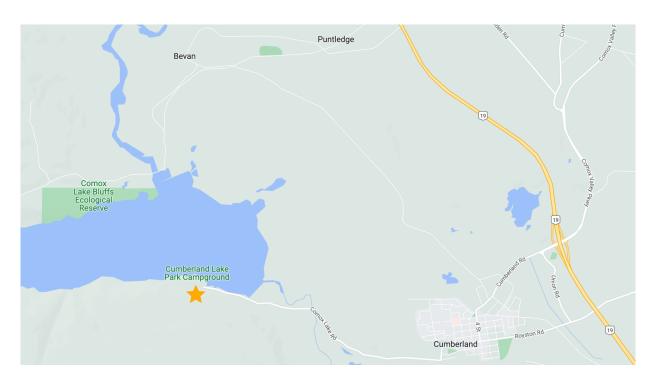
- □ **Bug spray** can be helpful for some campers, especially if it rains prior to camp. We cannot provide bug spray but can help campers apply their own.
- Additional clothing or fabric items to tye-dye. We will likely tye-dye custom bandanas for everyone on the second day of camp. There may be extra dye. Bring 100% cotton items (shirts, socks, or pillowcases) if you'd like.

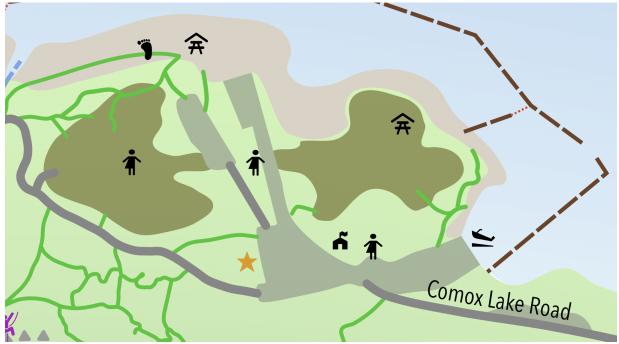
PLEASE DON'T BRING ...

- □ Electronic devices such as phones and cameras. They risk getting wet and we aim to enjoy a week without screen time.
- □ Stuffed animal pals or toys unless they don't mind getting dirty and lost.

LOCATION

Find us at **Cumberland Lake Park**, 1100 Comox Lake Road, marked by the gold star on the maps below.





Page 6