



## Summer Camp Welcome Package



# Summer Camp Welcome Package

We're so excited to spend the week with you at Comox Lake this summer! Please read through the following information carefully, especially the ***Essential Camp Information***, ***What To Bring*** sections. It will help us all have a fantastic week together!

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# Welcome to Camp

Dear Camper,

We're delighted you've registered for a Lake Park Society summer camp!

Lake Park Society is a not-for-profit community organization that has been serving Cumberland and the Comox Valley since 2015 with the aim of “creating wonder and connection through outdoor experiences” as an “inclusive community hub for outdoor education and adventure.” Our society operates the Cumberland Lake Park Campground and offers a wide variety of programs, not just summer camps. You can learn more about Lake Park Society by visiting us at [www.cumberlandlakepark.ca](http://www.cumberlandlakepark.ca).

Lake Park Society gratefully acknowledges that our camps occur on the unceded traditional territory of the Pentlatch, Eieksan, Sasitla and Sathloot peoples of the K'omox First Nation. We endeavour to be good guests, caring for this land and people in everything we do.

Thank you for taking the time to read this welcome package carefully. We hope it will help you arrive prepared for a great week. If you have any questions or concerns, please contact the Program Manager at [education@clws.ca](mailto:education@clws.ca), or our general email at [info@clws.ca](mailto:info@clws.ca).

Thanks for sharing your precious summer days with us. See you soon!

Lake Park Society

# Essential Camp Information

- If you have an urgent need to reach your camper during camp, call the **Campground Office at (250) 702-8833**. They can reach your camp leader by radio. The office phone is monitored during office hours, between 10:00 AM and 6:00 PM every day. **Before 10 AM you can reach the Program Manager at 236-800-5529.**
- **Scamper, Rambler and Scrambler Camp (Mon-Fri Day Camp):**
  - Camp **starts at 9:00 AM** each morning. Unfortunately, we cannot welcome campers prior to 9:00 as we need to prepare for our day of fun!
  - Camp **ends at 3:30 PM** each afternoon. Please ensure someone is available to collect your camper promptly at 3:30 pm. Your camp leaders always have some clean-up to do at the end of the day.
- **Wrigglers Camp (Tues-Thurs Day Camp):**
  - Camp **starts at 9:00 AM** each morning. Unfortunately, we cannot welcome campers prior to 9:00 as we need to prepare for our day of fun!
  - Camp **ends at 2:00 PM** each afternoon. Please ensure someone is available to collect your camper promptly at 2:00 pm. Your camp leaders always have some clean-up to do at the end of the day.
- Drop off and pick up is at the **Gathering Place**, the grassy field across the parking lot from the Cumberland Lake Park Campground Office, at 1100 Comox Lake Rd, Cumberland. Look for the large stretch tent.
- Campers must **sign-in and sign-out each day**. Parents and guardians must speak with your camp leader at the start and end of the day. Please inform us during drop off if a different adult will be collecting your camper.
- All campers must complete an **informed consent form and provide emergency contact information** during registration. If you did not do this during online registration, please be prepared to complete a paper copy on the first day.
- Please complete the **guest details questionnaire**. A link is available through your online registration. A paper copy will be provided on the first day of camp if you have not completed it.

- If you have any concerns about mobility, behaviour, or the comfort of your camper during our programs, please contact the Program Manager at [education@clws.ca](mailto:education@clws.ca).
- Please **pack all of the items listed under What To Bring**, below. Campers who arrive inadequately prepared may be refused participation by camp leaders.
- If your camper is going to be absent during camp, please let us know by texting the program manager at **236-800-5529**.
- Lifejackets are provided, and they are mandatory when swimming and paddling. We will be in or on the water every day except for the first day of camp.

## What to Bring

### Please arrive each morning with...

- A comfortable and appropriately-sized **backpack**.
- Comfortable, **closed-toe shoes** that you can hike, run, climb and get wet in.
- Clothes that can get adventurous**. We are planning to tie-dye and paint, crawl in the forest, swim in the lake, climb through bushes and get messy.
- A **complete change of clothes**, packed in a waterproof (ziplock bag).
- A **swimsuit** and beach towel. Optional water sandals or water shoes.
- An emergency **warm layer** (sweater or fleece). Yes, even though it's summer.
- A **rain jacket**. It might happen.
- A **full, 750+ mL water bottle**. We can refill water bottles at lunch on most days.
- A **picnic lunch** every day. Lunch is not provided and we may eat at different locations in the forest, away from the main campground.
- Enough **snacks** for two stops. We stop to eat at around 10:30 & 2:00 each day.
- Sunscreen, sunglasses and a hat with a brim**. We are expecting some hot and sunny days and want to stay sun safe!
- Any **medication** or other personal items. Medication must include written instructions and can only be self-administered. Please inform your camp leader.

### Optional items...

- Bug spray** can be helpful for some campers, especially if it rains prior to camp. We cannot provide bug spray but can help campers apply their own.



